

ROTARY CLUB OF NANAIMO

“COGS”



Volume 90, Number 2

4,402nd Meeting

July 10th, 2009



Brenda Grice at front table and Lucie Gosselin at far table with Yvan Gosselin calling them in at the Qualicum antique car show on Father’s Day 2009. Ticket sales hit a record high of \$5,000 in one day. Other sales people that day included Douglas Anderson, Carrie McIver, Annabel Kirby, Ed Borisenko, Doug Cowling, Basil Hobbs & Phil Wilson. *photo: Douglas Anderson*

**Club Meeting Friday at 12:15 p.m.
at the Coast Bastion Inn**

CLUB OFFICERS

- President Ken Westfall
- Vice President Bob Buchanan
- Secretary Janeane Coutu
- Treasurer Gordon Hubley
- President Elect John Heisterman
- Immediate Past President Wayne Anderson



**Serving Our Community Since
May 1, 1920 - Charter Number 43**

DIRECTORS

- Al Smith Wahid Ali Judy Malcolm
- Jane Currie Douglas Anderson Joan Ryan

President Rotary International

John Kenny, Rotary club of Grangemouth, Scotland

District Governor 5020

Harold Alexander, Rotary Club of Longview, Wa., USA

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Meeting Notes July 3, 2009

By Mike Herold

Today is the first of 52 meetings to be managed by our new President, **Kenneth X. Westfall**. If we call him "President X" this year, we can call him "X President" next year.

Guenter Raedler introduced the visiting Rotarians and guests. Our only guest was **Andrea Rosato-Taylor** who we hope will be joining our club soon and visiting Rotarian **Bob Lasota** from Nanaimo North Club who is their Director of Fund Raising.

Ed Borisenko was absent from today's meeting so he could not give the health of the club, but we assumed that everyone was doing OK. Due to Ed's upcoming duties with the club this year, we will be looking for a member to volunteer for the "Health of the Club" duties. A medical degree is not a prerequisite.



The gatekeepers - Cahiers Egon Holzwarth & Bob McDougall accompanied by Bruce Gordon updating the roster.
More cashiers needed - call Egon!!

President Ken announced that Past President Wayne will continue with his stories at the end of each meeting during Ken's year, so thanks, Wayne, for helping out.

John Salem reminded club members who pledged money for the bike ride to get your donations in.

Past President Wayne called up **Susan Gerrard** for her fourth Paul Harris Fellow and **Doug Greer** for his second. Congratulations to both Rotarians for their ongoing support towards the Foundation. **Gord Hubley** was also thanked by Wayne for his past year on the Board.

Kathy Smith invited club members to attend a going-away social event for Fernanda and Mia, our exchange students for the past year. The event is on Wednesday, July 8th at 5:00 p.m. at Oceanside Clubhouse on Third Street.

Bob Buchanan presented \$1,800 in ticket sales from last weekend's Parksville Car Meet and noted that 68 books of tickets have been sold at two major car swap meets and events.

We were also reminded that the Dragon Boat Festival is next weekend (June 10-12) and Rotarians **Bill King**, **Bob Buchanan** and **Andrea Rosato-Taylor** are looking for volunteers to help at the beer garden with proceeds going to the Hospital Foundation. It is noted that two women's teams have already fundraised over \$28,000.

Over the next few weeks, **John Salem** will be raffling off golf passes for three at Fairwinds plus two bottles of wine with proceeds going to the Foundation.

Bruce Gordon told the club that the roster is going to be printed, so any changes must be in to Bruce ASAP.

Egon Holzworth is looking for three members to help with cashier duties.

Our Sergeant-at-Arms, **Dave Hammond**, told members that if you plan on leaving a meeting early, you need to apologize to the Speaker on the way out or prior to the start of the meeting.

Dave fined himself for missing installation as well as any club members who did not sing "Oh Canada" or fly a Canadian flag on Canada Day. He also fined **Keith McFarlane** for having the money to take a three week cruise, but Keith said it was all spent on the cruise.

Happy and sad bucks were from **Keith McFarlane** congratulating **Dave and Cindy Hammond** on the recent marriage of their daughter. Also, **Joan Ryan** for staff for their quick response in helping their clients during a Telus monitoring black-out and **Douglas Anderson** for spouse **Brenda Grice** sailing without him while he was selling car raffle tickets. **Past President Wayne** and **John Salem** thanked **Ian Williams** for his excellent Rotary Year CD and video, **Susan Gerrard** was proud of her new Paul Harris Award, and **Yvan Gosselin** was proud of club members who helped Ian with the video.

Other members with bucks included **Kathy Smith**, **Doug Greer**, **Egon Holzworth**, **Ian Williams**, **Kenny X**, **Dave Hammond** and **Art Rotherham** for being able to celebrate another birthday. Hopefully Art, there will be lots more down the road.

The table stakes were won by **Mike Herold** who donated them back to the club and the wine was won by **Greg Wilmon**, I think. If not, could the person who won the wine please give it to Greg so my notes will be correct?

Program Notes-July 3, 2009 Crisis Society

By John Anderson

President Ken introduced our guest speaker Heather Owen of the Crisis Society. The Crisis Society is celebrating its 40th year of operations. The 24hr Crisis line has 5 incoming lines that are manned 7 days a week, 365 days a year. They cover an area from Bowser to the Malahat. The suicide Crisis line last year received 17,348 calls which calculates to 49 calls per day. They have between 35 – 50 volunteers to man the lines.

They receive most of their funding from the Van. Island Health authority, United Way, The Provincial Government, Gaming Funds, Grants and Public Donations. Why most people call:

- Mental Health Issues – 33%
- Individual and family health issues – 13%
- Information and referrals – 12%
- Addiction issues – 9%

Through these Crisis Lines people can reach suicide experts and they are an access point to mental health and addiction counseling. Statistics, on Central Vancouver Island between 1997 – 2004

- 15 people killed by homicide
- 137 people killed by motor vehicle
- 215 people killed by suicide.

Five to twenty five percent of suicides go unreported. For every one suicide there are 50 to 100 attempts. In Canada there are over 23,000 suicide attempts a year.

12% of your payroll is lost to mental health issues. The Canadian economy loses 30 billion annually to mental health issues.

The B.C. coroner stated the second biggest killer of youth under 19 is suicide. The most at risk

are older youth (17, 18), Aboriginal youth, gay, lesbian or bi-sexual youth.

The Crisis Society has a three-tiered approach:

- 1 – Suicide Protocol Training
- 2 – Suicide prevention in the classrooms
- 3 – Peer to peer training in the classroom.

The Crisis Society also has monthly bereavement support group meetings on the first Wednesday of every month. The World Health Organization holds a World Suicide Prevention day every year on September 13th. In Nanaimo it will be held at the Port Theater this September 13th.

Through collaborative and community partners a 1-800 number has been established so anyone anywhere in B.C. can call one number to reach the Crisis Prevention line.

The society holds a once a year fundraiser in an RCMP appreciation night. Last year they raised over \$45,000.

The Crisis Society is always looking for volunteers. They provide in-depth training. Heather reminded us that not only do volunteers help others in need, but also their lives are in turn enriched by the experiences and support that they provide.



Art Vanidour thanked Heather for a wonderful and informative talk.

Governor's Award

This year my theme is "FULFILLING DREAMS"! Many Rotarians have great ideas for better fundraisers and service projects and I would like you, as President, to encourage and cultivate those ideas.

The criteria for competing for the Governor's Award this year's "Fulfilling Dreams" is for a new service project or fundraiser to be started and completed by May 1, 2010.

In order to qualify for this award the following information must be completed and returned to Larry McGee, lsm152@yahoo.com, by the May 1st, 2010, date:

1. The name of the member who had the idea
2. The number of club members involved
3. Describe the:
Fundraiser and the amount of funds raised, OR
Project and how it impacted the community

It is my desire to showcase the winner at the District Conference in Longview, WA in June 2010.

Attendance Report

By Donna Hais & Janeane Coutu
Attendance for July 3rd was 66%.

We missed these Rotarians:

Ali, Benoit, Blararu, Borisenko, Campbell, Currie, Fenty, Grice, Hobbs, Holland, Hrabowych, Kolopenuk, Kuss, Nuernberger, Ostling, Ramos, Shoemaker, Simon, Snider, Stetar, Willmon

Visiting Rotarians

Bob Lasota (Nanaimo North)

Make-ups

Gill Campbell
Wayne Anderson (x2)

Guests

Andrea Rosatto-Taylor (guest of Donna Hais)

Spouse Birthdays

Agnes Greer (Doug) Jul 10

Wedding Anniversaries

Art & Amanda Rotherham 10yrs, Jul 10
John & Kathy Anderson22yrs, Jul 12

WEEKLY CLUB PROGRAMS

July 10th

GREETERS Douglas Anderson,
Donna Hais, Gill Campbell

SGT AT ARMS Mike Herold

INVOCATION Bob Wilson

HEAD TABLE President Ken, Maija Tupeinen,
Janeane Coutu, Douglas Anderson,
Donna Hais, Gill Campbell

INTRODUCE GUESTS Bruce Gordon

INTRODUCE SPEAKER Janeane Coutu

PROGRAM **Maija returns home to Finland
after Rotary Exchange year**

THANK SPEAKERS Greg Willmon

July 17th

GREETERS John Anderson,
John Heisterman, Bob Patrick

SGT AT ARMS Bruce Samson

INVOCATION John Salem

HEAD TABLE President Ken, Lila Tanner, Dave
Hammond, Dave Connolly, Bob Patrick
John Anderson, John Heisterman

INTRODUCE GUESTS Joan Ryan

INTRODUCE SPEAKER Dave Hammond

PROGRAM **Dementia and Travellers Lodge:
Lila Tanner**

THANK SPEAKER Yvan Gosselin

July 24th

GREETERS Carmon Henderson,
Bob Pulleyblank, Roy Ostling

SGT AT ARMS Yvan Gosselin

INVOCATION Keith McFarlane

HEAD TABLE President Ken, Karen Lindsay,
John Heisterman, Dave Hammond,
James Snider, Bob Pulleyblank

INTRODUCE GUESTS Carey McIver

INTRODUCE SPEAKERS John Heisterman

PROGRAM **EMERGENCY PREPAREDNESS:
Karen Lindsay**

THANK SPEAKER Barbara Blinston

My fellow Rotarians:

It is traditional in Rotary that each Rotary International president is given the opportunity every month to write a message to all Rotarians in the pages of this magazine. I am grateful for this tradition, which gives me the opportunity to communicate with every one of you directly, for it is my firm belief that *The Future of Rotary Is in Your Hands*.



It is a great honor to have been chosen as the first RI president from Scotland in the 104 years of this organization, and to have the privilege of serving the Rotarians of the world. Because there is no RI – no Board of Directors or president, no world headquarters or Rotary convention – without the ordinary weekly meeting of Rotarians in our own home clubs.

In Rotary, everything we are, and everything we aspire to become, lies in the hands of Rotarians in their clubs. If our clubs are congenial and our meetings well run, if our service is carefully planned and competently carried out, if our members are qualified, honest, and respected in their vocations and communities, then all of Rotary will thrive. This is why I say *The Future of Rotary Is in Your Hands*.

Water, health and hunger, and literacy will be our emphases in the year ahead. In this Rotary year, I ask Rotarians everywhere to continue to learn from our experiences and to build upon our successes. I ask you all to continue to work for the health and well-being of not only children but their families and people everywhere. I ask you particularly to focus on water and sanitation, as the scarcity of clean water is an increasingly serious issue in many parts of the world.

In Scotland, we have a saying that I'm fond of quoting: "We must look beyond our own parish pump." It means that we must look beyond our own home and our own community. We must be aware that ours is only one community, of one country, of the many communities and countries in this world.

In every one of those communities, there is work to be done. As Rotarians, we will not stand idly by. As Rotarians, we will accept our responsibility. We can, and we must. For we know that Rotary is only as great as its clubs – and our clubs are only as great as the members within them.

The Future of Rotary Is in Your Hands.

John Kenny
President, Rotary International

DATES TO REMEMBER

August 23—Presidents BBQ—Rath Trevor Beach More information to come.

Correction: July 3rd COGS duties were: Meeting notes: Mike Herold;
Program notes: Janane Coutu; Photos: John Anderson & Ian Williams



Winner of
District 5020
Best Bulletin
Awards

*"COGS" is the official bulletin of the
Rotary Club of Nanaimo, published each
Friday by the Bulletin Committee*

Committee Chair — John Anderson
Meeting Reporter, Mike Herold / Program, John Anderson / Photos, John Anderson
Production: Print and Web, Lucie Gosselin and Ian Williams